



CO-CAPTAIN's vision is to create new knowledge and outline a sound strategy for primary cancer prevention with individuals with mental ill-health by implementing and upscaling navigation services to overcome cancer care inequalities and deliver efficient and cost-effective primary cancer prevention programs.

CO-CAPTAIN AIMS TO CO-ADAPT THE PATIENT NAVIGATION MODEL FOR PRIMARY CANCER PREVENTION AND TAILOR IT TO THE SPECIFIC NEEDS OF PEOPLE WITH MENTAL ILL-HEALTH AND IDENTIFY IMPLEMENTATION STRATEGIES FOR LOCAL COMMUNITIES IN 4 PILOT SITES.

Our approach aims to overcome barriers that hinder people with mental health problems in accessing preventive services and receiving suitable care. The project marks a significant step in creating tailored, high-quality services through participation and co-design for and with people with mental health problems.


The contents of this flyer are the sole responsibility of the CO-CAPTAIN consortium and do not necessarily reflect the opinion of the European Union.


PARTNERS



Funded by
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CO-CAPTAIN has been funded by the European Union's Horizon Europe Programme under the Grant Agreement GA 101104784.

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CANCER PREVENTION AMONG INDIVIDUALS WITH MENTAL ILL-HEALTH: CO-ADAPTING AND IMPLEMENTING PATIENT NAVIGATION FOR PRIMARY CANCER PREVENTION

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CO-CAPTAIN is dedicated to providing evidence-based, person-centred navigation to address cancer care disparities and facilitate primary prevention access, targeting known risk factors such as smoking and overweight in individuals with mental health problems.

OUR PROJECT

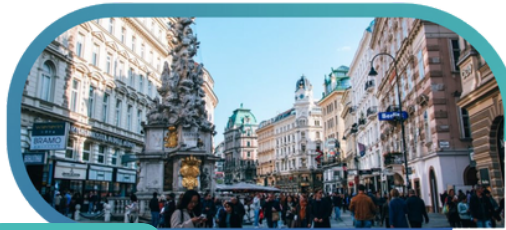
Our goal is to identify barriers and facilitators to primary cancer prevention with key stakeholders, including patients, caregivers, care team members, representatives of mental health organizations and service managers, but outreaching the whole society.

We aim to co-adapt the features of PN for primary cancer prevention tailored to the **specific needs** of individuals with mental ill-health and identify **implementation strategies** for local communities in the **4 pilot sites**. Each pilot site will inform the general and specific features of the PN program for cancer prevention, as per the guidelines and training provided by Mental Health Europe.



PILOT

SITES



AUSTRIA



GREECE



POLAND



SPAIN

Patient Navigation (PN) has potential applicability across the cancer care continuum, but further research is needed to identify current bottlenecks and barriers that might influence the implementation of PN's primary cancer prevention programs for individuals with mental health problems in different healthcare systems across the EU.

The initial implementation of the **Primary Cancer Prevention Programme** involves collaborative organisations with professionals and all patients who can benefit from interventions such as smoking cessation, physical activity and dietary improvement. CO-CAPTAIN will carry out a large-scale pilot project in several **European health systems** for primary cancer prevention, being a catalyst for **policy change**.

Our objective is to **identify and analyse potential facilitators and critical barriers for the PN** for primary cancer prevention implementation process, outcomes, and future dissemination and exploitation strategies using a mixed-methods approach supported by the CFIR and RE-AIM conceptual frameworks. Special attention will be given to reducing the evidence-practice gap and capturing the factors influencing behavioural change.

Tailored interventions involving healthcare professionals and creating supportive environments and access to appropriate information have the potential of overcoming identified barriers.

The Patient Navigation Model, which will be co-designed and piloted as part of the project may offer an adequate solution in overcoming identified barriers.